



ayoi!

## Jashig

### Goal

To prevent malnutrition and the adverse effects of malnutrition in children in order to ensure the healthy upbringing of Armenia's future generations.

### Objective

To provide four kindergartens in the Aragatsotn Province of Armenia (Tsaghkahovit, Norashen, Geghadzor, Hnaberd) with enough funding for one year of healthy, balanced, and calorific meals.

## Project Description & Background

In 2018, the **Fund for Armenian Relief (FAR)** launched its **“Transforming Children’s Health & Development”** project as an extension of its **“Breaking the Cycle of Poverty Program” (BCPP)**. “Transforming Children’s Health & Development” addresses the issues of malnutrition and delayed growth, specifically in the Aragatsotn Province of Armenia.

Undernutrition is a serious problem with serious, lifelong consequences. It is associated with shorter adult height, less schooling, reduced economic productivity, and—for women—lower offspring birthweight. It is crucial to provide healthy, balanced, and calorific meals to children between the ages of zero and five, since that age group is most at risk of suffering from the long-term health issues associated with malnutrition, most of which are untreatable and lifelong.

According to 2015-2016 study conducted by the “Armenian Demographic Health Survey” (ADHS), in the Aragatsotn region, **29%** of children under the age of five are below the average height for their age and **18.7%** are below the recommended weight for their age ([source, p. 153](#)).

The Aragatsotn region was specifically chosen because of the low socioeconomic status of the local population and its nonarable land. Another factor contributing to malnutrition and the associated health problems (underweight, anemia, stunting) is the lack of awareness and education of the issue(s). Since the launch of the program, “Transforming Children’s Health & Development” has worked to equip kindergartens in Aragatsotn with the budget needed to provide healthy, balanced meals to its children, along with organizing information sessions and seminars for parents and educators to increase awareness of the dangers of malnutrition.

We seek to join FAR’s mission to eliminate malnutrition and the subsequent associated health problems in preschool aged children by securing enough funding to extend their existing program for an additional year. We are devoted to ensuring all Armenians are a part of Armenia’s bright future that we work so diligently towards.

## Budget

ITEM	UNIT	QTY	UNIT PRICE	TOTAL AMD
Nutritious meal	Item	143	47,000 for a year	6,721,000

*The exchange rate as of November 19<sup>th</sup>, 2019*

1 USD = 470 AMD

TOTAL

₴6,721,000